Clubhouse Calendar

DECEMBER 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 8a Resident Led Tai Chi (M) 9a Coffee Connections (SP) 9a Women's Strength Training (CZ) **9:45a-11:30a Festival of Trees at University of Puget Sound in Tacoma** 10a Mexican Train (SP) 10a Resident Dining Listening Session (SY) **10a Gig Harbor Library** 10a Stretch & Balance (M + HKTV) 11a Caregiver Support Group (A) 3p Tai Chi/Qi Gong (M)	2 8-10a Benevolent Brew (SY) 8a Gentle Yoga with Paige (M) 8a-2p Open Art Studio (CA) 9a Seated Core Strengthening (M) 10a-12p Computer Help (CL) 10a Stretch & Balance (M + HKTV) 10a Grocery: Safeway and Target 11a Interval Training (M + HKTV) 11a HK Sketchers (CA) 1p Drum Circle (A) 2p Pinochle (CA) No Line Dancing **6:30p Traditions of Christmas Concert: An Evening to Celebrate the Season (M)**	3 8a Resident Led Tai Chi (M) 9a Coffee Connections (SY) 9a Women's Strength Training (CZ) 1p Canasta (CA) **1-3:30p Washington State History Museum in Tacoma** 2:30p Tai Chi Fan (M) 3p Fiber Arts Group (CA) 3:30p Seated Core Strengthening (M) 3p Book Club (L)	4 8-10a Benevolent Brew (SY) 9a Total Body Circuit (CZ) 10a Stretch & Balance (M + HKTV) 11a Interval Training (M + HKTV) 1p Bridge (SP) 2-4p Traditional Mah-Jongg (CR) 2p Penrose Scenic Drive 3:30p Seated Core Strengthening (M)	5 8a Benevolent Brew (SY) 9:15a Tai Chi (M) **1p Christmas Piano Recital with Con Brio Youth Musicians (M)** 3p Syren's Grille Happy Hour (SY)
6 10a-3p Santa Brunch (SP) 1-3p Photos with Santa (CL) 2p Penrose Church Service (SNF) 3:30p Int'l Mah Jongg (CR)	7 8a Yin Yoga with Paige (M) 9a Yoga Basics (M) 9a Coffee Connections (SY) 9a Total Body Circuit (CZ) 10a Grocery: Trader Joe's in University Place 10a Stretch & Balance (M + HKTV) 10a Men's Bible Study (CA) **11:15-3p Library at Noon Concert & Lunch at E9 Firehouse & Gastropub in Tacoma** 12-4p American Mah-Jongg (CA) 1p Mindful Meditation (M) 1:30p Women's Bible Study (AL) 2p Chef's Cooking Class (SP) **RSVP required to Dining Host* 2p Penrose Scenic Drive	8 8a Resident Led Tai Chi (M) 9a Coffee Connections (SP) 9a Women's Strength Training (CZ) 10a Mexican Train (SP) 10a Stretch & Balance (M + HKTV) 11a Resident Orientation to Dining Services (SY) 3p Cancer Support Group (CA) 3p Tai Chi/Qi Gong (M) 4p Songsters Sing-a-long (CL)	9 8-10a Benevolent Brew (SY) 8a Gentle Yoga with Paige (M) 8a-2p Open Art Studio (CA) 9a Seated Core Strengthening (M) 10a-12p Computer Help (CL) 10a Stretch & Balance (M + HKTV) 10a Grocery: Safeway and Target 11a Interval Training (M + HKTV) 11a HK Sketchers (CA) 2p Pinochle (CA) **3p Phase II Update with GLY Construction (M + HKTV)**	10 8a Resident Led Tai Chi (M) 9a Coffee Connections (SY) 9a Women's Strength Training (CZ) 10a Resident Council Meeting (M + HKTV) 1p Canasta (CA) 2:30p Tai Chi Fan (M) 3p Fiber Arts Group (CA) 3:30p Seated Core Strengthening (M) **4:30-7p Point Defiance Zoo Christmas Lights in Tacoma**	11 8-10a Benevolent Brew (SY) 9a Total Body Circuit (CZ) 10a Stretch & Balance (M + HKTV) No Interval Training 1p Bridge (SP) 1p Men's Cognition Support Group (A) 2-4p Traditional Mah-Jongg (CR) 2p Penrose Scenic Drive No Seated Core Strengthening **6:45-10p A Christmas Story at Tacoma Musical Playhouse**	12 8a Benevolent Brew (SY) 9:15a Tai Chi (M) **12p Army v. Navy Football Game (M)** 3p Syren's Grille Happy Hour (SY)

HERON'S KEY GIG HARBOR

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SUN	MON	TUES	WED	THURS	FRI	SAT
10a-3p Sunday Brunch (SY) 2p Penrose Church Service (SNF) 3:30p Int'l Mah Jongg (CR) **13**	8a Yin Yoga with Paige (M) 9a Yoga Basics (M) 9a Coffee Connections (SY) No Total Body Circuit 10a Grocery: Winco No Stretch & Balance 10a Men's Bible Study (CA) 12-4p American Mah-Jongg (CA) 1p Mindful Meditation (M) 2p Penrose Scenic Drive **3p Blue Christmas: Finding Joy Amid the Holiday Season (M)** **14**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SP) 9a Women's Strength Training (CZ) 10a Mexican Train (SP) 10a Stretch & Balance (M + HKTV) 11a Caregiver Support Group (A) 3p Tai Chi/Qi Gong (M) **5p Cocktails and Candy Canes (SP)** **Reservations Required with Dining Host Stand* **15**	8-10a Benevolent Brew (SY) 8a Gentle Yoga with Paige(M) 8a-2p Open Art Studio (CA) 9a Seated Core Strengthening(M) 10a-12p Computer Help (CL) 10a Stretch & Balance (M + HKTV) 10a Grocery: Safeway and Target 11a Interval Training (M + HKTV) 11a HK Sketchers (CA) 1p Drum Circle (A) 2p Pinochle (CA) 4:30p Line Dancing (M) **16**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SY) 9a Women's Strength Training (CZ) 1p Canasta (CA) **2-5p Resident Holiday Decoration Apartment Tour (CL)** 2:30p Tai Chi Fan (M) 3p Fiber Arts Group (CA) 3:30p Seated Core Strengthening (M) **17**	8-10a Benevolent Brew (SY) 9a Total Body Circuit (CZ) 10a Stretch & Balance (M + HKTV) 11a Interval Training (M + HKTV) 1p Bridge (SP) 2-4p Traditional Mah-Jongg (CR) 2p Penrose Scenic Drive 3:30p Seated Core Strengthening (M) **4p Karaoke (M)** **18**	8a Benevolent Brew (SY) 9:15a Tai Chi (M) 3p Syren's Grille Happy Hour (SY) **19**
10a-3p Sunday Brunch (SY) 2p Penrose Church Service (SNF) 3:30p Int'l Mah Jongg (CR) **20**	8a Yin Yoga with Paige (M) 9a Yoga Basics (M) 9a Coffee Connections (SY) No Total Body Circuit 10a Grocery: Trader Joe's in Silverdale No Stretch & Balance 10a Men's Bible Study (CA) 12-4p American Mah-Jongg (CA) 1p Mindful Meditation (M) 2p Penrose Scenic Drive **6:30p *Into the Light of the Dark Black Night* Solstice Celebration (M)** **21**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SP) No Women's Strength Training 10a Mexican Train (SP) No Stretch & Balance **10:45a-1p Co-Ed Lunch at The Fish Peddler in Tacoma** 3p Cancer Support Group (CA) 3p Tai Chi/Qi Gong (M) 4p Songsters Sing-a-long (P) **22**	8-10a Benevolent Brew (SY) 8a Gentle Yoga with Paige (M) 8a-2p Open Art Studio (CA) No Seated Core Strengthening 10a-12p Computer Help (CL) No Stretch & Balance 10a Grocery: Safeway and Target No Interval Training 11a HK Sketchers (CA) 2p Pinochle (CA) 3:30p Line Dancing (M) **23**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SY) No Women's Strength Training 1p Canasta (CA) 2:30p Tai Chi Fan (M) 3p Fiber Arts Group (CA) No Seated Core Strengthening **24**	 **25** Christmas Buffet 11am-3pm Reservations Required Administration Closed	8a Benevolent Brew (SY) 9:15a Tai Chi (M) 3p Syren's Grille Happy Hour (SY) **26**
10a-3p Sunday Brunch (SY) 2p Penrose Church Service (SNF) 3:30p Int'l Mah Jongg (CR) **27**	8a Yin Yoga with Paige (M) 9a Yoga Basics (M) 9a Coffee Connections (SY) 9a Total Body Circuit (CZ) 10a Grocery: Walmart 10a Stretch & Balance (M + HKTV) 10a Men's Bible Study (CA) 12-4p American Mah-Jongg (CA) 1p Mindful Meditation (M) 2p Penrose Scenic Drive **28**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SP) 9a Women's Strength Training (CZ) 10a Mexican Train (SP) 10a Stretch & Balance (M + HKTV) **10a-12:30p Women's Breakfast at The Original Pancake House in Gig Harbor** 3p Cancer Support Group (CA) 3p Tai Chi/Qi Gong (M) **29**	8-10a Benevolent Brew (SY) 8a Gentle Yoga with Paige (M) 8a-2p Open Art Studio (CA) 9a Seated Core Strengthening (M) 10a-12p Computer Help (CL) 10a Stretch & Balance (M + HKTV) 10a Grocery: Safeway and Target 11a Interval Training (M + HKTV) 11a HK Sketchers (CA) 2p Pinochle (CA) 3:30p Line Dancing (M) **30**	8a Resident Led Tai Chi (M) 9a Coffee Connections (SY) 9a Women's Strength Training (CZ) 1p Canasta (CA) 2:30p Tai Chi Fan (M) 3p Fiber Arts Group (CA) 3:30p Seated Core Strengthening (M) **31**		

HERON'S KEY
GIG HARBOR