



DIRECT

- Priority access for Heron's Key residents
- Occasionally suites are open for non-residents



FAST

 Move into your private suite in as little as 48 hours



AFFORDABLE

- · Stay in the same community
- Pay the same monthly fee

START HERE

- · Ask your doctor if assisted living is right for you
- Call us at (235) 265-7528
- · Get a physical assessment by our director of nursing



PLAN THE MOVE

- Schedule your move-in day
- Get guidance from Penrose Harbor
 - · Apartment floor plan
 - · Downsizing and mover referrals
 - · Moving day details
- Plan your furniture layout





MAKE CHOICES

- · Select your preferred residence
 - · Choice of all-private, one-bedroom apartment
- Review your assistance needs and preferences
- Tell us about your daily routine preferences
- · Discuss activity preferences with life enrichment group



MOVE IN!

- · Bring your furniture and belongings
- · We'll help you get settled in and hang your pictures!
- Learn more at the "Welcome to Penrose Harbor" orientation
- · Connect with residents and make new friends

WHAT DOES ASSISTED LIVING

AT PENROSE HARBOR INCLUDE?



ONE-BEDROOM APARTMENT

- Private residence
- Kitchenette with refrigerator/freezer and microwave oven
- Choice of 36 apartments

CHEF-PREPARED MEALS

- Three meals/day in beautiful dining room
- Delicious and nutritious menu prepared with fresh ingredients

ASSISTANCE WITH DAILY ACTIVITIES AS NEEDED

- Dressing
- · Bathing and personal grooming

MEDICATION MANAGEMENT

APPOINTMENT REMINDERS

ACTIVITIES

 Access to all Heron's Key community events, trips, lectures and entertainment

24/7 NURSING STAFF AVAILABLE

MEMORY CARE SUPPORT SERVICE AVAILABLE

SCHEDULED TRANSPORTATION

 Doctor appointments, shopping and events

ON-SITE HEALTH SERVICES

- · Health clinic
- Continuum of care including memory care and skilled nursing care
- · Physical, occupational and speech therapy

WELLNESS PROGRAMS

SALON AND SPA

LIFE ENRICHMENT PROGRAMS

- Book clubs
- Genealogy
- · Bridge and mahjong
- Lifelong learning
- Bible study
- Gardening
- Veterans groups
- Woodworking
- Writing
- · ...and much more!

WEEKLY HOUSEKEEPING SERVICES

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The most important thing about Penrose Harbor is the relationship between residents and the people providing care. They are so friendly and kind. I feel completely confident knowing my Grandma is comfortable and well cared for."

-Jasmine M., Family Member

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My grandmother is 98 years old and until a year ago lived independently. I toured several facilities before we chose Penrose Harbor and I cannot tell you how happy I am we did. They communicate with us on a regular basis, they listen, and you can tell every single staff member truly cares about their residents and their families. They'll never truly understand how much their help has meant to me and my family."

-Briana L., Family Member









